

CELTIC ANGELS INC.

Personalized Home Health Care Agency

SUMMER 2014



Maria's Corner

Happy Summer Everyone,

I hope everyone is enjoying their summer. This month we are very proud to share Jack Kirrane's story. We have a celebrity in our midst.

As caregiver's it's important to remember that our seniors have a powerful story to tell. It's a tremendous learning experience for us to listen and learn from their wisdom.

It's amazing how we are all on this journey called life and whether we like it or not we are all getting older and changing. No one escapes getting older, not even Madonna!!!

Best Wishes,

Maria Burke, RN



Piece of Ireland

Location: Blarney, Co. Cork, Ireland

Blarney Castle is 90 feet high and built into its battlements is the Blarney Stone (a block of carboniferous limestone). This stone was set into a tower of the castle in 1446.

The ritual of kissing the Blarney Stone has been performed by millions of people. According to legend, kissing this stone endows the kisser with the "gift of the gab".

The kiss, however, is not casually achieved. To touch the stone with one's lips the participant must ascend to the castle's peak, then lean over backwards on the parapet's edge.

Did You Know??

We Receive Many Donated Medical Equipment Items!!!!

List of Equipment

- Walkers •Canes
- Wheelchairs •Commodes



If you or someone you know is in need of any equipment please contact us at 781-331-0062.

Celtic Angel's Team of the Season

Sentiments from Dotty:

"My Celtic Angel girls always do right by me. I have these girls each week, all with many different personalities but all bringing something special. I am so lucky to have the best help!"

"I want to be independent and do as much as I can on my own, but I can do more with a little help. This is the "new me" – I am grateful to be me."

"I love getting out all the time. My girls have taken me to appointments, to get my nails done, for crepes at Bickford's and for rides through my old neighborhood. I remember doing all these things on my own – it's good to do them again."



Client's Story



Jack Kirrane

Ice Hockey Player

John Joseph "Jack" Kirrane is an American former ice hockey player. Jack was a member of the United States 1948 Winter Olympics and 1960 Winter Olympics teams, winning the gold medal in 1960.

Born: August 20, 1928

Weight: 170lbs

Career: 1947-1960

Position: Defenseman

"My most memorable moment was receiving the gold medal at Squaw Valley and looking down from the podium at the Russians and Canadians. The team was a happy bunch of guys."



Question Center

I'm Confused -- What is Home Care?

Home Care is appropriate whenever a person prefers to stay at home, but needs ongoing care that can't easily or effectively be provided solely by family and friends.

Home Care offers a variety of choices:

Companions: provide companionship and comfort to individuals who, for medical and/or safety reasons, may not be left at home alone. They may assist clients with household tasks, but primarily provide sitter services.

Home Health Aides: assist patients with activities of daily living (ADLs) such as getting in and out of bed, walking, bathing, toileting, and dressing. Some aids have received additional training and are qualified to provide more complex services under the supervision of a nursing professional.

Certified Nursing Assistants: help patients with activities of daily living, such as bathing, grooming and eating. They also collect important data such as vital signs, and intake & output and report it to the nurse. They work hard to make sure patients and their families are comfortable.

Occupational Therapists: help individuals who have physical, developmental, social, or emotional problems that prevent them from performing the general *activities of daily living* (ADLs). They also instruct patients on using specialized rehabilitation techniques and equipment to improve function in basic household tasks such as eating, bathing, and dressing.

Physical Therapists: work to restore the mobility and strength of patients who are limited or disabled by physical injuries through the use of exercise, massage and other techniques. PTs also often alleviate pain and restore injured muscles with specialized equipment and teach patients and caregivers special techniques for walking and transfer.

Physicians: occasionally visit patients in their homes to diagnose and treat illnesses just as they do in hospitals and private offices. They work with home care providers to determine services that are needed by patients, which specialists are most suitable to render these services and the frequency of services to be provided. They also prescribe and oversee patient plans of care.

Licensed Practical Nurses/Registered Nurses: provide skilled services. Some of these services include injections and intravenous therapy, wound care, education on disease treatment and prevention, and patient assessments. RNs may also provide case management services. LPNs have one year of specialized training and are licensed to work under the supervision of registered nurses. The patient's medical condition and required treatment regimen determines whether care should be provided by an RN or an LPN.



Join the Celtic Angels Team
on September 28th, 2014
at DCR Paul Revere Park
(Constitution Road, Boston, MA 02129)

We Want To Form A Team!!!

We are inviting you to join the nation's largest event to raise awareness and funds for Alzheimer care, support and research.

By joining a team you'll be showing your commitment to this cause by joining a nationwide community of thousands who are standing up and participating in the fight against this devastating disease.

We hope you can join us! The Walk is a great way to show your compassion and commitment while showcasing your support to thousands of people.

**If you are interested please contact
Emma at 781-331-0062 or email emma@celticangelsinc.com**



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