

# Maria's Corner



Winter

#### Hi Everyone,

In preparation for these next few months of winter, I like to give my caregivers and family members who are taking care of a loved one a quick check list on things they want to address.

Tips to Prepare Your Loved One's Home or Apartment for Winter

- Walkways Make sure their walkways and paths they use to get in and out of their home are in good condition. Repair cracks to avoid any potential falls.
- Ice and Snow Melt Have a bag ready for the first ice and snow fall so your loved one isn't caught off guard and homebound until their walkways are passable.
- Proper Lighting Good lighting throughout the home, both inside and out, particularly in the room your loved one uses the most is very important. Our eyesight diminishes as we age and providing a well-lit living area will be helpful for ease, comfort and safety.
- Heating Check your loved one's heating system to make sure it's in good working condition in order to avoid emergency situations during the winter months.
- Reduce Clutter It's always good to de-clutter their home or living space by tossing old newspapers, junk mail, household items and such to ensure clear pathways to and from the kitchen, washroom and bedroom. It also gives a clean, fresh and cheery environment when their living areas are organized and clutter-free.

Bundle up and stay safe! Maria Burke, RN





Garnish Island, is an island in Glengarriff Harbor, part of Bantry Bay in southwest Piece of Ireland

Ireland, which is a popular tourist attraction. The Office of Public Works, which maintains the gardens on the island, uses the name Ilnacullin to differentiate it from Garinish Island in County Kerry.



### SPREAD THE WORD

Do you have a daughter, niece,
granddaughter, son, nephew,
grandson or friend who is looking for
a more meaningful career?

Celtic Angels has positions available for caring, nurturing people who enjoy assisting the elderly. We offer training and excellent benefits so spread the word! It's a wonderful opportunity for someone you know who is in a job they dislike.

Call us today! 781-331-0062



Celtic Angels Inc., 231 Washington Street, Weymouth, MA 02188 • 781-331-0062 Celtic Angels Inc., 60 Dedham Avenue, Suite 150, Needham, MA 02492 • 781-662-8700 www.celticangelsinc.com • celticangelsinc@gmail.com





## Caregiver of the Season



It is with gratitude that I am a part of the Celtic Angel's team. Being a part of the generous team allows us to create beautiful friendships and everlasting bonds. I found this out when I was assigned to Isabel C. a patient. Isabel's dog, Bella brought light and lots of joy to this sad situation. Isabel only had weeks to live. Bella knew what was happening and stayed by Isabel's side. While Bella followed me back and forth as I gathered necessities to ensure Isabel's comfort, Bella and I became fast friends.

In the meantime, Isabel's daughter mentioned to me she wasn't sure where Bella was going to live when the time came. I volunteered without hesitation to adopt Bella, with that her daughter exclaimed "She's yours?" Bella immediately settled into her new home and now we are all living happily ever after. Truly a match made in heaven.

- Christine DiBella, CNA

## Celtic Angels Celebrates 1st Annual Awards Ceremony

Owner Maria Burke, RN, recognized the important work that her caregivers and staff have demonstrated over the last year or more by hosting the company's first annual awards ceremony. The event was held at Lombardo's in Randolph on Saturday October 20, 2018. Caregivers, staff and guests were treated to a cocktail hour, dinner buffet, and desserts followed by a formal award ceremony. The following caregivers and staff were this year's winners:

Anthony Kiyaga, CNA Maureen Nardiello, CHHA Catherine Taylor, CHHA Sheila Walsh, LPN Josephine Connelly, CHHA Gary Valandoza, Account Manager Mairead Finn, CHHA Mary Irving, LPN Angela Bettencourt, Scheduling Coordinator Martin Ward, CHHA Pamela Palma, CHHA Altina Pereira Da Costa, CHHA

Phil Cantillon, CHHA Kate O'Sullivan, Administrative Assistant Baker Mujuzi, CHHA Elaine Conroy, Client Care Manager Tina Mullin, CHHA Christine DiBella, CHHA Iris Arauco, CNA Kristen Anderson, CNA Madelene Aubourg, CNA Phil Drouin, CHHA Christal Trumbo, RN, Director of Nursing Needham Office





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A special award, the Shining Star, award was given to Emma O'Donoghue, scheduling coordinator for outstanding performance and caregiver support. Emma was nominated by her peers. Here is just one example of the nominations submitted by a staff member:

"Emma is like a superwoman. She can do everything. She puts in 100% effort. She has excellent communication skills, along with an incredible heart of caring, compassion and patience. She also has excellent teaching skills. She is an asset to Celtic Angels. – Kathy G., R.N.

Please take a moment if you see any of these special people in your travels to thank them for a job well done!





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