



# Spring/Summer 2019

## Maria's Corner

Hi Everyone,

There is nothing like seeing daffodils sprout up in my yard to know that spring is right around the corner. We have lovely bluebells growing all around the yard here at our Weymouth office. Spring brings a sense of waking up to longer, brighter days. It gives all of us here in New England a chance to feel new again, and to get outside and be part of nature.

So I encourage all my staff and my clients to take a moment to walk or sit outside and enjoy the birds calling, the trees blossoming and all of God's glorious flowers springing up everywhere. It's wonderful time to connect with our surroundings and to feel alive.

Maria Burke, RN



*Piece of Ireland*

Atlantic Drive on Achill Island and the Currane Peninsula, on the west coast of County Mayo, are among the most remote and scenic areas in Ireland. Some of the local roads that follow the coastline of Achill have the most spectacular views of the area. The area is called 'The Atlantic Drive' and well worth the visit if you are in the general area.



## Caregiver of the Month

My name is Philip Drouin Jr, and I have been a home health aide for Celtic Angels for the past two years. I started my journey in 2016 when I met Maria, after getting the advice to do so by a mutual friend. Before the meeting had ended, I knew Celtic Angels Home Health Care was the place I wanted to work. When I was told I would receive free training in exchange for a year of service, I was elated. After receiving stupendous training from a staff member, I was ready for my first client. Through the ups and downs of my first client, who I still remember fondly, and every client after him, I always learn something new. I have a special connection with every individual I work with. Having previously served in the armed services, it is very easy to connect with my clients who have also served. I always find the office staff at Celtic Angels Home Health Care to be ready to help solve any problem I may have and I know I can always count on them for support, while respecting my independence.



## Client of the Month

Bill Hanrahan was born 1933 in South Boston. He grew up during the WWII era and went to Boston College undergraduate and then to University of Wisconsin to receive a master's in literature in 1956. Bill remained in the doctoral program and was awarded a full bright scholarship to King's College London. For the next 8 years he taught at numerous state and private universities. Bill returned home to South Boston to be closer to his family. He was offered an appointment in the probation office of the South Boston district court, where he remained for 10 years. Bill was promoted to the Commissioner's office and also attended the Commonwealths program for executive management at the Kennedy School of Government. Bill later was appointed first deputy commissioner and retired in 1988 as acting commissioner. Throughout his career, Bill had been an advocate for the drug addicted, alcoholics, and people with mental and physical disabilities. Bill had been in treatment for glaucoma for many years and later developed macular degeneration that left him totally blind. He found that while his original plans for retirement were subverted by blindness, he still had the ability to grow and learn. Bill has rekindled much of his earlier knowledge and experience with meditation and applied it to his current life especially the 9 attitudes of Jon Kabat-Zinn, non-judging, patience, beginner's mind, trust, non-striving, letting go, gratitude and generosity. Bill lives in South Boston, close to his family. He likes to say "sometimes life is a street fight, but we must conquer with grace, dignity, and kindness."

## Celtic Angels Home Health Care Celebrates St. Patrick's Day the Irish Way

Our annual St. Patrick's Day celebration was a smash hit. We had a great turn out with many caregivers, family members and staff show up to the Irish Cultural Center in Canton Mass on Wednesday, March 13th to enjoy lots of delicious food and beverages while being entertained by a group of fantastic Celtic Dancers.





# Weymouth Health Fair

Celtic Angels Home Health Care exhibited at the Weymouth Health & Recreation Fair on Saturday, April 13th at the Whipple Senior Center. Joe Burke from Celtic Angels greeted fair attendees and provided them with information on the company's many services including skilled nursing assistance, homemaking services and home health aide and CNA care services.



# Easter Holiday

What is the true meaning of Easter for the Christians? It has come to signify colored eggs and egg hunts, baskets of goodies, and chocolate bunnies - but Easter is so much more than that. Easter is a celebration! It's a time to recognize the importance of the Christian's faith about resurrection and eternal life. In many respects, this particular religious holiday can be considered more sacred than Christmas. For those of you who observe Easter, we hope it was joyful.





Celtic Angels, Inc.  
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