



Fall 2022

Maria's Corner



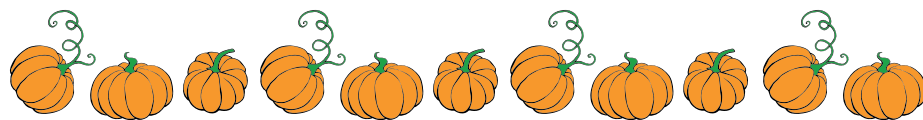
We're Offering a New Service. *RN Case Management*

Not everyone needs a home health care aide but some do need a professional Registered Nurse who can manage their clinical and medical care.

At least 17.7 million individuals in the United States are family caregivers of someone age 65 and older.

Many of those seniors require help because of a limitation in their physical, mental, or cognitive functioning. And many require a skilled nursing case manager who is professionally trained to oversee that person's medication management, doctor's appointments, and overall medical treatment plan. Physician's and their staff members are overloaded with the number of patients they serve, and the pandemic has exacerbated the problem. Most adults caring for their mom or dad work full-time and between raising their own children, really struggle to care for their aging parents. Many of the clients we work with are simply overwhelmed with the multiplicity of day-to-day tasks and activities they need to manage. We find that providing one of our registered nurses to the family's aging parent's care team really relieves the stress and significantly improves the overall outlook of the patient's long term health status. Call us today to find out how our nursing care management team can alleviate the stress of caring for your aging parent or loved one at 781-331-0062!

Maria Burke, RN



Training for CNA & HHA Program Coming Soon!

This January, we will be offering special training to our Celtic Angels homecare staff. Keep an eye out for our announcement on our Facebook page for details on how to sign up for our CNA and HHA training program. *Don't miss out!*



Look for our Ad in the *Boston Globe Magazine!*

Celtic Angels is featured in the Boston Globe Magazine's special edition on "Caring for Loved Ones".

Celtic Angels, Inc.

Struggling to Manage

The Care for Your
Aging Parent?



Are you overwhelmed by the responsibilities of providing case management care for your mom or dad? Do you live far away and need help with their medical care, dr. appointments, and medication management?



If so, we can help!

Our skilled nurse case managers will serve as your eyes and ears and manage your aging parent or loved one's care. Our RNs will coordinate all the necessary details if a hospitalization or rehab is required. We continually update you with any changes in mom or dad's medical and overall health status.

Let us help relieve the stress of caring for your loved one by putting our senior care team to work for you and your family.

**Please reach out to our
nursing case management team
at 781-331-0062 today!**

231 Washington St • Weymouth, MA 02188
www.celticangelsinc.com



Celebrate Our Entrepreneurs



Iris Debona, Celtic Angels Home Health Care CNA is also a business owner. She is a licensed aesthetician and runs her own business in Medford Ma where she provides her clients with facials and a full range of skin care services including microdermabrasion, thermage, chemical peels, facials, and light therapy. She is now working with a nurse in her private salon and is offering all Celtic Angels Home Health Care caregivers and staff a 10% discount on all services.



Thomas Conroy, Boxing Watertown

I've been boxing since a young age and have had a passion for martial arts throughout my teen years. I started teaching boxing fitness classes at a small nonprofit in Dorchester and this inspired me to pursue a legitimate career in the boxing fitness industry. Through my martial arts connections I was set up at a state-of-the-art gym in Watertown.

I have faced many challenges throughout my career as a martial artist. Attempting to balance a social life and still remain a competitor proved to be nearly impossible and the two almost always worked against each other. I have had high points and low points where it has felt like my worth as a fighter and person is represented by whether I win or lose a match. This taught me many lessons that I have begun to use in my professional career as a trainer.

I enjoy the freedom and challenge of pushing myself to be more successful rather than a traditional job dictating and limiting how successful I can be. If I could give any advice to someone entering a similar profession it would be to stay passionate, show up, have clear goals and even when you are not motivated, you must go through the motions and remind yourself how important your goals are to you.



Thomas Conroy (far left) is our own Client Care Manager Elaine Conroy's son



Stay Patient
AND Trust
Your Journey



Celtic Angels Home Health Care Receives BBB Accreditation

We've earned Accreditation from the Better Business Bureau again and joined a community of businesses who believe that ethics and reliability build a trustworthy marketplace. Research shows that at least 70% of consumers prefer to buy from a BBB Accredited Business. So, thanks to you, our caregivers, and staff, you've earned us another year of high honors. We could not have achieved this excellent designation without your hard work and dedication to your job! Thank you.

Omicron Booster Vaccine Now Available

On Sept. 1, 2022, the Centers for Disease Control and Prevention endorsed the use of updated COVID-19 booster shots that are specifically tailored to combat the two most prevalent omicron subvariants, BA.4 and BA.5. The vaccine is now available at most local pharmacies and healthcare clinics. For more information, please contact your health care provider or visit <https://www.cdc.gov/vaccines>

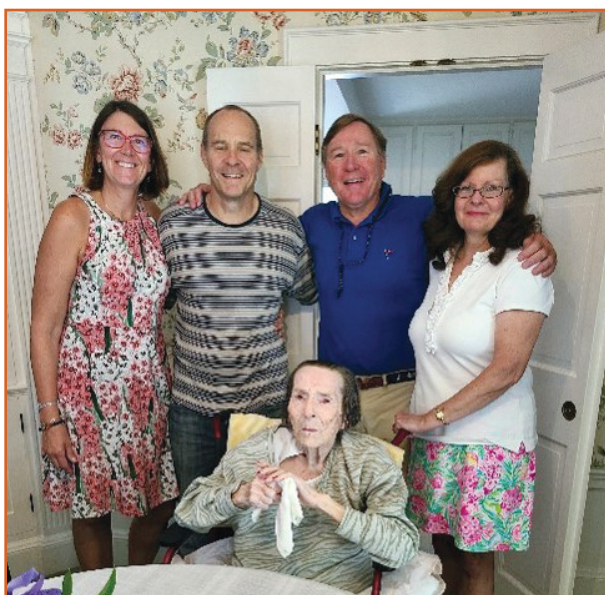


We partnered with the Irish Pastoral Center to offer free blood pressure checks. Our clinics ran through the month of October in various locations: October 3rd at the Veronica Smith Senior Center in Brighton; Wednesday October 12th in Dorchester; Thursday October 20th at St. John Chrysostom Church in West Roxbury and October 28th in Weymouth at St. Jerome's.



Client Feature Story

Eleanor McKinnon recently celebrated her 96th birthday with her family by her side. Celtic Angels CNA Susan Hoffman has provided care for Ellie for several years now and continues to be impressed by Ellie's zest for life and her pure enjoyment for birthday celebrations. Ellie raised a family of highly educated professionals and was a wonderful mother. One of her passions was judging flower shows. Hats off to Ellie and her amazing approach to living a good life!



Happy Birthday!





We believe in giving back to our community so we're always looking for worthy causes and organizations that we feel contribute to the betterment and wellbeing of our local and regional residents. We recently sponsored the following...

Sponsorship Corner

Weymouth Rotary Club Annual Golf Classic as a Gold Sponsor on September 29th in honor of Rotarian James "Graz" Graziano, held at the Easton Country Club in South Easton MA.



Retired Boston Police Officers Association

We continue to support the Retired Boston Police Officers Association and the First Responders for their tireless efforts to keep the public safe, not only through the ongoing pandemic but day-to day crisis situations that call for their courage and bravery. We salute them. They are truly heroes!



Welcoming Fall at the Needham Harvest Fair

Our Needham office staff hosted a table at this year's Needham Harvest Fair on Sunday, October 2nd from 11:00 am to 3:00 pm. The fair was held at Greene's Field in Needham Center. It was a fun-filled day for families that included the Needham Farmers Market and loads of fall festivities. "The event was packed with locals and visitors from in and around the area and despite the blustery weather, our team was able to give away lots of free Celtic Angels branded items along with a free Halloween gift basket to one lucky winner," said Maria Burke, RN, owner.

Erika was the winner of our Halloween gift basket raffle at this year's annual Needham Harvest Fair, sponsored by the Charles River Chamber of Commerce. Celtic Angels Home Health Care is thrilled to be a new member of this local chamber.



231 Washington Street
Weymouth, MA 02188